Welcome to Mustangs Rep Hockey!



Purpose of this document

Provide a brief, high-level overview of the Mustang rep hockey program, specifically:

- Trying out for the Mustang rep program for the first time?
- Rep Hockey & Local League What's the difference?
- Commitment Mustang Rep Hockey
 - o Time, Travel and Tournaments
 - o Team uniforms and track suits
 - o **Fundraising**
 - o What if this is too expensive?
- U9: Unique elements to ensure maximum development
- Expectations of players and caregivers & the Mustang Code of Conduct
- How do I get involved?
- Key links and bookmarks

Trying out for the Mustang rep program for the first time?

Starts

 Tryouts start April 19th for all levels where Rep hockey is available (U9, U11, U13, U15, U18) and will conclude approximately by the end the first week of May

• Required commitment

- Must be on the ice for a MINIMUM of ONE skate to be considered for the Mustang Rep program
- o If you are unable to make tryouts due to illness/injury, please let the Coach know and we will work to accommodate the request to the best of our ability
- Note: We cannot guarantee an accommodation and this will be evaluated on a case-by-case basis

Locations

- Where ice remains available (for example: Fergus until April 23rd, and then Caledon, Orangeville, RIM park etc)
- Unfortunately, rural arenas remove ice in March forcing many centers to seek and compete for ice in urban areas

Number of rep teams at each level

- Ambition is to ice 2 teams at each age level
 - 100% dependent on registration numbers
- o Tier 1 rep teams will be selected first
- Tier 2 rep teams will be assembled once the Tier 1 team has been established
- Tier 2 rep coaches will be announced after the Tier 1 team has been selected unless a coach specifically applied for a Tier 2 team
 - Note: Players must participate in tryouts to be considered for Tier 1 and 2 teams (see required commitment section above if an athlete cannot make tryouts)

Selection process

- Player selections will be made by both independent evaluators and the Head Coach
- Selections are final and non-negotiable
- Note: We realize team selection is a difficult process for both players and parents. If you
 have questions about the process, feel free to speak with the Head Coach or the Mustangs
 board.

Import rules

- If you are coming from another center (played hockey in another location in 2022/23), you will require a Permission to Skate (PTS)
- PTS can be obtained by asking the Registrar from your current location and must be presented at/before trying out for the Mustangs
- Mustangs import rules and limitations can be found here

Rep Hockey & Local League – What's the difference?

Both the Mustang Rep hockey and Local League programs *are excellent*! But which program is right for you and your athlete?

What is consistent across both programs is developing a fun, safe and inclusive environment that adheres to the guidelines set out by the OWHA and Hockey Canada pathways and mandates.

At first glance, the top differences are Cost and Time Commitment and Travel:

Cost

- Rep hockey is more expensive than Local League based on the amount of ice and associated costs
 - Your registration fees pay for ice, referees, timekeepers and to supplement basic development opportunities (goalie training, for example)
- Costs vary year-to-year, but we remain one of the least expensive girl's hockey organizations in the province!
 - We manage to achieve this through prudent fiscal management and fundraising (like 50/50 draws etc.)
- Overall cost varies year-to-year and heavily depends on the fundraising activities of the overall organization and for each team

• Time commitment

- Rep hockey will have between 3-5 ice times per week (approximately double the ice of LL)
- Local league will have around 2-3 ice times per week

Travel

 Rep hockey will often have slightly larger geographical loops than Local League. Each year the OWHA will assign our Rep teams a loop (this varies year-to-year)

• Level of competition

- Rep hockey has an additional focus on development and competition that generally exceeds Local League
- Overall focus remains consistent: Fun, friendships, inclusion, development

• Unique to next year: Elora arena will be closed

- o Practices and games will be played out of arenas across Center Wellington
- o This can include, but is not limited to: Fergus, Grand Valley, Arthur, Palmerston, Drayton
- This is not unlike other centers with areas across a large geographical area (Oakville, Waterloo, Brampton etc.)

For more details, feel free to ask a <u>member of the Board</u> or the <u>Head Coach of the team your athlete</u> <u>is playing for this year</u>.

Commitment – Mustang Rep Hockey

Let's go into a bit more detail around the commitments of playing Mustang Rep Hockey, specifically:

- Time, Travel and Tournaments
- Team uniforms and track suits
- Fundraising
- What is this is too expensive?

Time, Travel and Tournaments

- Rep hockey will have between 3-5 ice times per week (approximately double the ice of LL)
 - o 2 practices and a game (sometimes 2 games depending on the week)
 - o Starts September and will go till April
- Travel will be based on the 'loop' your team is assigned by the OWHA
 - Each year it is slightly different
 - Loops typically involve travel for games that can range anywhere from 20 mins (Guelph) to 90 minutes (London)
- Extracurricular fun!
 - o Teams will often have team bonding/building activities that can be added to the schedule
 - Each team is unique and these things will be discussed during the first coaches/parent meeting once the team is finalized
- Tournaments!
 - o Each team can play in a Maximum of FOUR tournaments
 - Usually at least one is a 'travel' tournament which involves getting a hotel
 - o Tournaments are NOT included in your rep registration fees
 - Each team is unique and tournaments (potential locations, total number) will be discussed during the first coaches/parent meeting once the team is finalized
- Provincials and League Championships
 - Provincials happen each April and teams must qualify to participate
 - Costs to participate in Provincials is covered partially by the Mustangs and partially by the team should your team qualify. The subsidy is dependent on how many Mustang teams qualify
 - League Championships happen each March and only the top 4 teams in the league are invited to participate
 - Provincials and League Championships are NOT included in the total number of allowed tournaments (Four) – so, potentially plan for more!

Team uniforms and track suits

- **Jerseys**: Each Rep athlete will be responsible for buying their own Home/Away jerseys (and bringing them to each game!)
- Warm up Suit: Each Rep athlete MAY be responsible for buying their own Warm up Suit (and wearing it to each game!) This is a coaching decision and will be addressed in the pre-season team meeting.
- Socks: New socks will be provided by the association

Fundraising

- To assist in paying for tournaments, jerseys, warm up suits and extracurricular fun, teams will engage in fundraising activities
- Each team is unique and fundraising will be discussed during the first coaches/parent meeting once the team is finalized

What if this is too expensive?

- If you are interested in Rep Hockey, but find the overall cost prohibitive, there are many programs available to assist you! For more information on these programs, please reach out to a <u>member of</u> the Board for more details!
- Our goal is to have every girl that wants to play hockey to be able to play hockey!

U9: Unique elements to ensure maximum development

- U9 is a fundamental development year for our athletes
- HALF ice until January FULL ICE for the remainder of the season
- There are no permanent goalies in U9
 - Each player is encouraged to try playing goalie at least once
- We encourage you to review Hockey Canada's development pathway for U9, available here

Expectations of players and caregivers & the Mustang Code of Conduct

- Rep Hockey involves a personal commitment to your team and teammates
 - o Please do your best to commit to practices/games/off-ice fun
 - o Give proper notice if you can't make it so your team can arrange a call-up if needed
- Mustang Code of Conduct, available here
 - Mustangs' hockey stands for safe sport that is free of maltreatment of any kind. We all play
 a role in creating a healthy culture that fosters safe sport practice and offers athletes,
 coaches, and all members of the sport community strong resources in education and
 reporting.
 - o Must be signed by the player and care giver at the beginning of each season
 - o The Code of Conduct MUST be adhered to.
 - Failure to comply with the Code of Conduct will result in disciplinary action for players, parents, guardians that can range from an initial warning to a full and permanent suspension from the Mustang hockey program.

How do I get involved?

- The Mustangs Girls Hockey program is a non-profit group entire run by non-paid volunteers
- If you are interested in helping and or joining the Board, please reach out to a <u>member of the</u>
 Board
 - We are always looking for interested volunteers to join the Board especially those new to the Mustangs!
- Skills we're looking for (whether on the Board or not!):
 - o Background in community engagement, law, accounting, project management
 - Ability to commit approx. 2-8 hours per month to help!
 - Good organizational skills
- Not required: Background in hockey!
 - Like any business or organization, we need a full range of skill sets to be successful!
 - Activities can include: Helping secure fundraising, running booths at tournaments or to assist with specific mustang activities, helping with end of year banquet – really anything!

Key links and bookmarks

- Mustang code of conduct for both players and families
- Mustang web site
- OWHA
- Hockey Canada