



Grand River Mustangs Girl's Hockey Inc. Covid-19 Protocols

OWHA Associations and teams must create and follow a set of protocols to deal with situations related to the COVID-19 pandemic that might occur. These protocols should be included in an e-mail to members before any hockey activities resume.

Situation	Protocol
GRM Covid-19 Oversight Group	Janice Van Bakel, Daniella Diniz, Mindy Ferguson, Ryan Kent, Kelly Brown Email: grandrivercovid@gmail.com
An individual becomes unwell with symptoms of COVID-19	<ul style="list-style-type: none"> · If an individual becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in hockey activities. · The individual must be isolated from all others in a well ventilated area, or outside and provided with a non-medical face mask if one is available (Face masks are required in all indoor facilities in Centre Wellington) · The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing · The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting · A member of the COVID-19 Oversight Group must be informed of the situation grandrivercovid@gmail.com <p>A member of COVID-19 Oversight Group will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing</p> <ul style="list-style-type: none"> · The OWHA President must be informed of the situation as soon as possible
An individual is tested for COVID19	<ul style="list-style-type: none"> · If an individual tests positive for COVID-19, they must inform a member of the GRM COVID-19 Oversight Group · The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The GRM Tracking sheets/RAMP may be used to assist public health officials in informing other members who may have been in close contact with the individual · Any association/team members who were in close contact with the individual must not participate in

	<p>hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing</p> <ul style="list-style-type: none"> · It is recommended to also inform all members of a positive COVID-19 result within the hockey program setting · The association/team must inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/ disinfecting should be performed as per the facility's guidelines · The association/team will inform OWHA of a positive COVID19 diagnosis by e- mailing team@owha.on.ca
Return to hockey activities following illness	<ul style="list-style-type: none"> · If the COVID-19 test was negative, the individual may only return to hockey activities once they no longer have any symptoms of COVID-19
Return to hockey activities following COVID-19	<ul style="list-style-type: none"> · Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.
Modification/restriction/postponing or canceling of hockey development activities	<ul style="list-style-type: none"> · Based on the evolving COVID-19 pandemic, the GRM is prepared to follow public health, municipal/ provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities · Associations/teams should establish a program cancelation policy if one does not exist already · Associations/team members should be informed as soon as possible of any modifications/restrictions or cancelations · Association/teams must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.
Public Health Guidelines	<p>Association/team members should follow all public health guidelines regarding COVID-19.</p> <p>These may include:</p> <ul style="list-style-type: none"> · Any association/team members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in Grand River Mustangs activities for 14 days. · Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in hockey activities for 14 days · Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities · Any individual who has someone in their household showing symptoms of COVID-19, should not participate in hockey activities